

FITNESS CLASS SCHEDULE 08/01-08/06

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 AM						
9:00 AM	Streching <i>with Marina</i>	Zumba <i>with Jacqueline</i>	Barre <i>with Tina</i>		Streching <i>with Marina</i>	
10:00 AM				Zumba <i>with Jacqueline</i>		
3:00 PM						Pilates & Fitness <i>with Tina</i>
6:00 PM	Yoga <i>with Alex</i>		Yoga <i>with Alex</i>		Streching <i>with Marina</i>	
7:00 PM	Streching <i>with Marina</i>	Zumba <i>with Jacqueline</i>	Pilates & Fitness <i>with Tina</i>	Zumba <i>with Jacqueline</i>	Pilates & Fitness <i>with Tina</i>	
8:00 PM	Pilates & Fitness <i>with Tina</i>		Streching <i>with Marina</i>			
			Check our Instagram: @SynergyFitness_Brooky In			Effective: 7/20/2022